

November 2019



TANDEM TALK

A monthly news publication of CPC Logistics, Inc.



THE BEST DRIVERS DRIVE CPC

Mike

M O R T O N



Meet Mike Morton

Assigned to the Walgreen Company in Lafayette, Colorado, Mike Morton has been with CPC Logistics since August 2006. Over the years, Mike has built and strengthened his reputation as a safe, reliable, professional driver. He does the bulk of the new driver training in Colorado, continuing to serve as a resource to all new drivers. Mike represents the Colorado group on the Driver Advisory Committee and is instrumental in bringing forward important issues and concerns in the spirit of improving the fleet's performance. He comes to work every day with a positive attitude and a desire to serve the customer professionally. Whatever Mike does, it is done well and to the best of his ability.

"I was raised to be a hard worker, prompt with tasks at hand and to be reliable to your employers. These are the values I have used over the years and continue to practice every day," says Mike. "I enjoy the interaction at the stores with their employees. I enjoy the relationships and trust we have built together over the years."

"Mike takes the initiative to communicate issues he may have in-route to each of his stores, to ensure minimal impact. Every store we are in communication with has the upmost respect and appreciation for Mike's efforts," states the Logistics Team from Walgreens in Mt. Vernon Illinois. "He is an excellent driver who goes above and beyond expectations."

In his spare time, Mike enjoys his family time, as well as building custom wagons, go-karts, and street rods.



OCTOBER 2019 CPC DRIVERS OF THE MONTH

EAST DIVISION:

TIMOTHY K. RAULERSON – Bridgestone Americas Tire Operations/Jacksonville FL
KENNETH A. VELLUCCI – Walgreen Company/South Bend IN

WEST DIVISION:

BRENDA U. HAWKE – Walgreen Company/Jean NV
ALVIN J. PATIN – ICU Medical/Houston TX

CANADA: CONROY DRUMMOND – Bridgestone Canada/Mississauga ON



360 DAYS INJURY FREE

CPC drivers assigned to the Bridgestone Americas Tire Operations in Portland, Oregon recently celebrated being 360 days injury-free. The November 9th celebration took place at The Ristorante Di Pompello where they enjoyed a wonderful brunch and many great raffle prizes. Thank you to each team member for your commitment to safety and for providing quality services to our customer.



1st Row: Nathan Tandal, Alfredo Rosell Diaz, Oscar Betancourt & Scott Moffett
2nd Row: Doug Wickum, Ed Alred, Wolfgang Copeland, Tom DeGarmo, James Beckwith, James Alexander & Dale Antosh
3rd Row: Steven Mann, Chris Stipe, Robertas Sungaila, Don Luttrell, Robert Rice & Herman Rambo

DRIVER OF THE MONTH PRESENTATION



Congratulations to Doug Berryman on being awarded the Driver of the Month Award for September 2019. Doug is assigned to John Deere Shared Services in Davenport, Iowa.



Heriberto Serrano was presented the Driver of the Month Award for October 2019. Heriberto is assigned to Walgreen Company in Orlando, Florida.



RECENT SAFETY MEETING

NORTH AMERICAN PIPE CORP –
Janesville, WI – November 18, 2019



Trevor Wolter, Jeff Johnson,
Carl Truthardt & Karl Wendtland

SUCCESS LOGISTICS – TULSA, OK –
OCTOBER 30, 2019



Keith Cypert & David Henningsen

JOHN DEERE SHARED SERVICES –
PRYOR, OK – OCTOBER 24, 2019



Adam McDaniel, Roger Tison, Ken
Edelman, Wayne Allison & Orvel
Ledford

WALGREEN COMPANY – MADERA &
TULARE, CA – NOVEMBER 17, 2019



Jose Flores, Humberto Flores,
Gonzalo Cazarin, Rodney Dickey &
CPC Regional Manager Yves Thomas

TMH TRANSPORT – PRYOR, OK – OCTOBER 23, 2019



1st Row: Josh Baldwin, Richard Fenner, Brian Vance, Lance Sullivan, Justin
Henderson, Ethan Staller, Jacob Kingfisher & Robert Cota
2nd Row: Charles Hisaw, Keith Vance, Zach Green, Rodney Williams, Jerry
Lane, London Shrum, Tre' Glass, CPC Fleet Supervisor Nathan Simmons &
Charles Plemmons

BRIDSTONE AMERICAS TIRE
OPERATIONS – MINNEAPOLIS, MN –
NOVEMBER 1, 2019



Mohamed Hussein, CPC Safety
Manager James Long, Dawinsson
Rodriguez, Perry Nunn, Travis Gonier,
Daniel Gately & Miroslav Skokanek

WALGREEN COMPANY – YREKA, CA –
NOVEMBER 2, 2019



1ST Row: Robin Poe & William Reilley
2nd Row: Roy Gibson, Steve Hall, Scott
Maddy, Jerry Ten Berge, Chic Erick-son,
Bryan Gregson, Larry McElhenie & CPC
Regional Manager Yves Thomas

WALGREEN COMPANY – HOUSTON, TX – NOVEMBER 18, 2019



1ST Row: Thomas Silva, Danny Salazar, Victor Martinez, Enrique Caballero, Sammy
Meredith, Marcus Perkins, Courtney Braziel, Brian Frederick, Ricardo Ortiz, Danny Baker, Coby
Carter Cassie Jefferson, Carlos Iglesias, Nathan Richardson & CPC Operations Manager
Rene Sandoval
2nd Row: Robert Watts Adam Rigsby, Furgus Matheson, Jeffery Williams, Ricardo Beni-tez,
Rudy Garcia, David Davis, Willie White & Ryan Boone
3rd Row: Jobnel Herrera, CPC Operations Manager Rick Weiher, CPC Division Manager
Richard Jones, Ron Mahar, Archie Knighton, DeRico Holmes, Larry Christie, Daniel Watts,
Terran Jones, CPC Safety Manager Isaac Harmon & James Rice

BRIDSTONE AMERICAS TIRE OPERATIONS – WOODRIDGE, IL – NOVEMBER 8, 2019



1st Row: John Bienemann, Angela Meneweather, Donald Fenlon, David Grant,
Thomas Szweda, Caleb Centeno, Melvin Applewhite & Lushawn Smith
2nd Row: Kenneth Lewis, Mervin Antoine, Dave Chavez, Richard Wall, John
Holland, Rodrigo Nieto, Leodis Thomas, Larry Patterson, Damarious Page,
Jeremiah Edwards, James Mooney & Lanard Alexander
3rd Row: Thomas Sudberry, Darius Tamosaitis, Michael Westerman, Asim
Muhammad, Anthony Acosta, Sylverter Hudson & Richard Helton



A safety meeting was held on Saturday, November 9th at the Casablanca Inn in Grimsby, Ontario for drivers assigned to the John Deere Canada account in Grimsby. Special guest Stewart Hillman, National Account Representative from Daimler Trucks North America discussed the new Detroit Safety Assurance Systems which are in the new fleet trucks. It was a pleasure to have him speak as the drivers benefited from his knowledge and expertise on this new safety system. Also covered at the meeting were information on the new CPC Logistics Canada Distracted Driving Policy (revised edition), and the coming transition from ABORDs to ELDs, the deadline for which is December 18, 2019.



Thomas Cherry, Penske, Jordan Veit, Penske,
Stewart Hillman, Daimler Trucks, Charles Shields,
CPC Logistics Canada & Scott Hanaback, CPC
Regina Dispatcher



Stewart Hill presenting information on
the Detroit Safety Assurance System.

SAFE DRIVER AWARDS

WALGREENS HOUSTON TX



During a recent Safety Meeting for the drivers assigned to Walgreen Company in Houston, Texas, three drivers were recognized with Safe Driver Awards. Together these men represent approximately 6 million safe driving miles!

**Congratulations to Cassie Jefferson (19 years),
Steve Grimm (17 years) and Ron Mahar (29 years).**

We are proud to have you as part of the CPC Logistics driving team!



SAFETY MANAGER TIP OF THE MONTH

Winter Driving: Are you ready?



Joe Cosenza
Safety Manager

Temperatures are dropping, days are getting shorter, all are signs that winter weather is here or just around the corner. From icy roads and blinding blizzards to extreme cold and strong winds, Mother Nature can present many challenges for the professional driver. Make sure you are prepared and know how to address these challenges. Being prepared can go a long way when it comes to ensuring your safety. All drivers need to be aware of quickly changing weather and road conditions. In the event of adverse weather, a driver must be ready for everything from reduced visibility, and slick roads, to hazardous walking surfaces. The rules of the road and the rules of walking surfaces when slippery conditions exist are different during winter months.

WINTER SAFETY
DRIVING TIPS



Driving Tips for Hazardous Weather Conditions:

- * Obtain weather information before you head out, and keep up to date with changing conditions.
- * Leave early; allow enough time to get to your destination.
- * Clean snow and ice from your vehicle; never climb on the roof of the trailer to clean it off.
- * Inspect your truck; tires/pressure; wipers; defroster, and lights, to mention a few items.
- * Clean tractor steps thoroughly, use three points of contact to enter and exit tractor.
- * Drive with caution, brake lightly, accelerate smoothly, turn carefully, and slow down.
- * Increase following distance, and stopping distance. Use low gears on hills.
- * When using your turn signals, initiate them early, giving other drivers time to slow down.
- * Be mindful of hidden hazards such as black ice, or icy overpasses.
- * Build-up of ice on mirrors could indicate ice on the roadway.
- * Changing lanes with snow or slush build up in other than the lane of travel, could result in a loss of control of the vehicle.
- * Know skid and slide recovery, take your foot off the pedals, steer gently, brake gently.
- * Do not speed slow down!
- * Do not use your cruise control or engine brake in adverse road conditions.
- * Communicate with your manager and or your dispatcher regarding your weather delays.



Prevent Slip and Fall Injuries: Use extra caution on and around snowy and icy surfaces.

- * Wear appropriate footwear.
- * Ask your manager for an anti-slip device to place over your shoes.
- * Focus on your footing, walk like a penguin.
- * Be aware of changes on walking surfaces.
- * Be aware of ice under snow.
- * Free up your hands, use handrails.



- * Use authorized paths, and report unsafe walkways to management.
- * Prior to climbing out of the tractor, check the tractor steps and ground area for slippery conditions. Use the three points of contact method to climb down the steps.
- * Snow and ice melt during the day but freeze again at night. Be aware of these frozen areas especially between trailers at the distribution centers

All drivers should carry an emergency kit that includes the following items:

- * Shovel snowbrush/ice scraper.
- * Carry a container of sand or cat litter to apply to slippery walking or driving surfaces.
- * Extra clothes (coat, hat, gloves, socks, safety vest, blanket, etc.).
- * Wear anti-slip devices on footwear.
- * Extra food and water.
- * First aid supplies, (including prescriptions).
- * Flashlight and spare batteries.
- * Keep vehicle filled with fuel.
- * Tire chains if required.

MILLION MILE AWARD PRESENTATION



Trevor Wolter was presented the One Million Mile Award by CPC Regional Manager Sam Currie and NAPCO Shipping & Receiving Supervisor Phillip Pinnon. Trevor has been assigned to North American Pipe Corporation in Janesville, Wisconsin since 2011. Congratulations!

Four drivers from the Walgreen Company domicile in Yreka, California were presented with the One Million Mile Award. **Bryan Gregson, Steven Hall, Wade McCollom and Robin Poe** were honored at a recent safety meeting and presented their awards by CPC Regional Manager Yves Thomas.

Congratulations to all on this outstanding career achievement!



Bryan Gregson



Steven Hall



Wade McCollom



Robin Poe

SPECIAL DELIVERY

Those participating in the American Heart Walk did not have to worry about going thirsty. CPC driver Robert Rodriguez made a special delivery of bottle water to the event. Robert is assigned to Walgreen Company in Brandon, Florida.





DIABETES - 10 TIPS FOR MANAGING DIABETES

DIABETES

Diabetes is a lifelong, total body affecting condition. It cannot be cured, but it can be successfully managed. Here are some realistic things that you can do to help manage your diabetes. **You CAN take control!**



- 1. CHECK YOUR BLOOD SUGAR DAILY** - People resist taking their blood sugar readings, but this is the only way to know if they are under control. Trying to control diabetes without testing is like trying to drive blindfolded! Foods, activity level, medications, illness, and even stress, can affect blood glucose
- 2. EXERCISE** - No one wants to hear this one, but aim for 30 minutes of exercise 5 times a week (this can be broken into 3, 10 minute chunks). All levels of exercise are beneficial, even if you don't lose weight, it will improve blood sugar control and your body's response to insulin. Next to weight control, exercise is the most important thing you can do to take control of your diabetes, so get moving!
- 3. KEEP A FOOD DIARY** - Especially if you are newly diagnosed, it helps to write down what you are eating. Every time you eat, try and jot down where you are, what time it is, and what you are eating and doing. Over time, you'll start to see patterns and begin to identify the situations in which you're most likely to make poor food choices — something we often do as a response to anxiety or stress. You won't need to do this forever as eventually you will simply come to know how your body reacts to certain foods. Remember YMMV (Your Mileage May Vary). You are always one high carbohydrate meal away from high numbers! This will also help your doctor and nurse immensely when you go for your checkups.
- 4. IF YOU SMOKE...STOP** - This tip is almost as unpopular as number 2, but the fact is, smoking makes every problem and complication associated with diabetes even worse. Smoking raises blood-glucose levels, constricts blood vessels, and causes inflammation — and smokers have an increased risk of kidney disease, nerve damage, blood-vessel damage, and foot and leg infections. Do you really need any more reasons? Yes it's tough, but it's not impossible and so worth it to quit.
- 5. ALCOHOL** - Right up there in popularity with exercise and smoking. Just remember that most alcoholic beverages have sugar in the form of empty calories. If you drink, try to moderate it as much as you can and steer clear of sugary cocktails and sugary mixers, your kidneys have enough work to do right now. Better still, if you haven't started to drink yet, don't!
- 6. BRUSH AND FLOSS REGULARLY** - As we said, diabetes is a total body affecting condition, including your teeth. Just as unregulated diabetes leads to high levels of glucose in your blood, it also leads to higher than-usual levels of glucose in your saliva, which raises the risk for dental decay. For healthy teeth and gums, dentists and nutritionists alike recommend that you see your dentist regularly, brush with a fluoride toothpaste at least twice a day, and remember to floss.

7. BE AWARE OF THE RISK FOR SLEEP APNEA

Excessive daytime sleepiness is often a sign of sleep apnea, a disorder that causes interruptions in breathing during sleep — up to several times per night. It may be caused by faulty signals from the brain, or because the soft tissue at the back of the throat relaxes and blocks the airway (called obstructive sleep apnea, or OSA). Most people with sleep apnea don't know what is happening or why they feel so tired after what seems like a full night's rest. People with diabetes are more likely to have sleep apnea than people without diabetes — and OSA itself increases the risk of insulin resistance and may be a roadblock to diabetes control. If you have sleep apnea, or if you experience unusual sleepiness during the daytime, talk with your doctor. A full night's sleep is not just a luxury, it's a health necessity.

8. BE METICULOUS WITH YOUR FOOT CARE - From teeth to toes. Diabetes can cause neuropathy, or nerve damage, in the extremities — usually starting in the feet — which means good foot care is critical. The key words are CLEAN and DRY. Wash or shower your feet daily in warm water, and dry with a clean, soft towel. Do not soak your feet or use hot water. If you have nerve damage, due to the lack of sensation in your feet, you may not notice sores, blisters, calluses, swelling, bruising, or breaks in the skin. You'll need to be meticulous about inspecting your feet every day. Don't walk barefoot; always wear shoes or slippers. If you do get a wound on your foot, however minor ALWAYS get it checked by your doctor.

9. GET YOUR EYE CHECK DONE - Your eyes are so important, imagine not being able to see! Someone once said, 'There is nothing I can eat that I like more than my eyes.' A diabetic retinopathy check is different than a normal vision test. The doctor will put drops in your eyes so that he can open up the pupil and look at the vessels at the back of your eye. These tiny blood vessels often become damaged in diabetes and can quickly affect the vision. A yearly test can keep a check on this and keep those peepers safe. If you are having problems or feel that your vision has changed, tell your doctor and get them checked.

10. TAKE YOUR MEDICATION REGULARLY - Diabetes symptoms are often silent, so you may not notice an immediate repercussion when you neglect to take your medicine — and that means far too many people decide against taking prescribed medications (or "forget" to take them). Don't be one of them! Untreated diabetes carries the grave risks of heart disease, nerve damage, and other complications. Medications are helpful, but always work better when accompanied by good diet and lifestyle measures.



Diabetic eye exams - Why they are important

A diabetic eye exam checks for Diabetic retinopathy (DR). This is a condition that develops when the blood vessels at the back of the eye (the retina) become damaged. As the damage worsens, you may begin losing your vision.

- Your eyesight may become blurry, less intense and begin to disappear.
- Your vision may worsen, improve, then worsen again.
- You may see 'cobwebs,' 'spots,' or a 'hole' in your field of vision.



The biggest concern is that **retinopathy can creep up on you**. In its earliest stages, the symptoms of DR may be very mild, barely noticeable, or even non-existent, but the damage has already begun.

The condition is caused by the buildup of sugar in the vessels that supply the retina. Because the vessels in the eye are so tiny, the sugar may eventually block blood flow to the area. When the blood flow is diminished, your eye tries to fix the situation by growing new blood vessels. These vessels aren't as effective or strong as the original ones. They may leak or rupture and this can negatively impact your vision. DR most often affects both eyes at the same time and in equal measure.

The longer you have diabetes, the greater your risk of complications including developing DR.

Strict control of your sugars is the most effective tool in preventing DR. Early detection and working closely with your doctor to manage your diabetes is important.

Other medical conditions may also increase your risk of developing DR. They include high blood pressure, heart disease and high cholesterol. African Americans and Hispanics have a greater risk of developing DR than the general population.

The **DR test is not like a normal vision exam**. The doctor will place drops in your eyes to widen the pupils to see inside the eyes more easily and look for damaged vessels. A **DR exam is recommended at least once a year** OR if you think you are experiencing any problems with your vision.

Everyone enjoys their food, but is there anything that tastes better than keeping your eyesight?

Did you know...?

- Total: 30.3 million people have diabetes (9.4% of the US population)
- Diagnosed: 23.1 million people
- Undiagnosed: 7.2 million people (23.8% of people with diabetes are undiagnosed)

Source: Centers for Disease Control and Prevention



Electronic Logging Devices: Improving Safety Through Technology



U.S. Department of Transportation
Federal Motor Carrier Safety Administration

WHAT IS THE ELD RULE?

FMCSA aims to make highways safer for all drivers. One danger on the road is fatigued driving, which leads to hundreds of crashes and deaths each year. The ELD rule, which requires the adoption of electronic logging devices, is the latest step to address fatigued driving among drivers of large trucks and buses. ELDs will make it easier to enforce existing HOS regulations, which remain unchanged.

Who is covered by the ELD rule? The ELD rule applies to the vast majority of large trucks and buses on the road.

HOW DOES AN ELD WORK?

An ELD synchronizes with a vehicle's engine to automatically record a driver's off-duty and on-duty time and securely transfer HOS data to a safety official.



1. RECORD

ELD synchronizes with CMV engine to automatically record data.



2. CERTIFY

Driver certifies records, making any necessary annotations.



3. TRANSFER

Upon request, driver starts data transfer. Data is routed to safety official using secure methods.



4. REVIEW

Data file is sent to safety official with potential HOS violations flagged for review.

RECORDS:

- Engine power status
- Vehicle motion status
- Miles driven
- Engine hours
- Identification of driver/authorized user, vehicle, and motor carrier
- Duty status

HOW DO ELDs IMPROVE EFFICIENCY?

Improved Accuracy

ELDs replace handwritten paper logs currently in use, improving the accuracy of the data recorded.

Safer Operations

By holding drivers and their companies accountable to critical HOS regulations, ELDs help create a safer work environment, ensuring that drivers take the breaks they need.

DECEMBER

18

Compliance Deadline: December 18, 2017

Companies subject to the rule must adopt ELDs for all affected vehicles.

PYRAMID AWARD



The Linden New Jersey Cross Dock and Fleet received special recognition from Walgreen Company who awarded them the Walgreens Transportation Pyramid Award. This award is issued to facilities that meet and exceed arriving on-time to the scheduled appointments for store deliveries. Walgreens and CPC co-hosted an event to show appreciation to the hard working team members from all departments at the Linden Cross Dock/Transportation Center.



L-R: Anthony Fearon, Carlos Torres and CPC Operations Manager Allan Flores



L-R: Ed Schultes-Walgreens Director of Logistics NE, Dan Most-CPC Senior Director/Operations & Safety, CPC Operations Manager Allan Flores and Dwight Madison-Walgreens Linden Fleet Manager

SAFETY AWARDS

ONE YEAR

Agudelo, John
 Baker Jr, Danny
 Ballard, Japeth
 Bischoff, John
 Braziel, Courtney
 Campoverde, Gil
 Charlot, Jerffrey
 Etienne, Eddy
 Ford, Lawanda
 Gamboa, Hector
 Gamlin, James
 Garcia, Adrian
 Garza, Robert
 Glaster, Christopher
 Gonzalez, Sergio
 Guerrero, Claudio
 Hernandez Torres, Luis
 Holmes, DeRico
 Jean Simon, David
 Johnson, Jeff
 Jones, Terran
 Landis, Michael
 Laurent, Ludvig
 Lozano Sr, Phillip
 Marone, Robert
 Marquez, Edwin
 Martin, Matthew
 McWhirt, Kevin
 Ochoa Jimenez, Edgar
 Parker Jr, Don
 Pope, Jason
 Rigsby, Adam
 Rios, Jovani
 Rubio, Agustin
 Sandoval, Joel
 Silva, Christian
 Singleton, Darnell
 Smith, Thomas
 Teplick, Michael
 Trice, Johnle
 Vargas, Edson
 Washington, Fred
 Watts, Robert
 Weishaar, David
 Wilcox, Scott
 Wilson, Robert
 Woodford, David

TWO YEARS

Almeida, Steve
 Astorga, Vernardo
 Bagley, James
 Emling, Scott
 Garcia JR, Benito
 Loaiza, Carlos
 Lusena, Jason
 Mayfield, Andra
 Montoya Gonzalez, Carlos
 Penaloza Ortegon, Fabio
 Perkins, Marcus
 Piloto, Johnny
 Prado, Melvin
 Rojas, Johnny

Schreiber Jr, Earle
 Smith, James
 Wagon, Barry

THREE YEARS

Abbott, James
 Adeyanju, Tony
 Bean, Dennis
 Braden, Gregory
 Caballero, Enrique
 Carter, Coby
 Feliciano, Michael
 Garcia Jr., Rodolfo
 Hazel, Joseph
 Lugo Dasta, Raul
 Maley, Charles
 Menzies, Antonio
 Schade, Michael
 Segarra, Julio
 Wendtland, Karl
 Willis, Dwayne

FOUR YEARS

Blakut, Jason
 Brigham, Ronald
 Carter, Tyron
 Devivo, John
 Filbert, David
 Gallina, Louis
 Groover, Leslie
 Johnson, Gerrod
 Keeler, Bryce
 Knighton, Archie
 Kujundzic, Ivan
 Milledge, Anthony
 Morel, Charles
 Reyes, Jose
 Rosario, Francisco
 Spiller, Keithwick
 Uribe, Juan
 Volina, Jesme

FIVE YEARS

Anderson, Orville
 Arredondo-Richmond, Nathan
 Boone, Ryan
 Christie, Larry
 Davis, Jr., David
 Davis, Lee
 Filbert, David
 Gumer, Daniel
 Iglesias, Carlos
 Karam, Elias
 Matheson, Furgus
 Merritt, Jeffrey
 Noplos, James
 Perez Flores, Eduardo
 Rolling, Jonathan
 Ryckman, Curtis
 Shaffer, Robert
 Smith, Earnest
 Stepherson, Michael
 Thorstenson, Gordon
 Wheeler, Joseph

SIX YEARS

Benitez, Ricardo
 Bracken, Dennis
 Diaz, Eduardo
 Dice, Michael
 Falor, Kyle
 Mann, Steven
 Merritt II, Stephen
 Orriols, Alfred
 Pandolfo, James
 Perez, Teddy
 Rogalski, Keith
 Simmons, Matthew
 Taylor, Gerry
 Valentine, Robert
 Watts, Daniel

SEVEN YEARS

Holmes, Terrance
 Nichols, William
 Ortiz, Ricardo
 Paul, Richard
 Pereira, Roberto

EIGHT YEARS

Barnett, Paul
 Hitchcock, Jerome
 Jones, Marvin
 Lewis, Stefan
 Martin, Michael
 Milano, Brian
 Padgett, Darryl
 Rushing, Gene
 Vazquez, Rickey
 Vera, James
 Williams, Michael
 Wolter, Trevor

NINE YEARS

Chunis Jr, Joseph
 Dhaiti, Wilner
 Farron, Sherwood
 Ferrell, Christopher
 Frederick, Brian
 Gaviria, Jose
 Kidney, Thomas
 Kyratzis, George
 Martin Jr, Wayne
 McNeil Jr, Howard
 Mira, Raul
 Ramirez, Hugo
 Salvino, Peter
 Valdez-Herrera, Reynaldo
 Weeks, Matthew

TEN YEARS

Acevedo, Angel
 Armendo, Michael
 Berry, Robert
 Detorio, Ronald
 Francis, Joshua
 Hartwell, Matthew
 Raulerson, Timothy
 Stege, Glenn

Streker, Mark
 Tribo, Steven

ELEVEN YEARS

Delapenha, Robert
 Georges, Sintilien
 Hall, Randy
 Mazzuchelli, Paul
 Quinn, Edward
 Sloan, Anthony
 Williams, Thomas

TWELVE YEARS

Wilson, Kenneth

THIRTEEN YEARS

Ingram, Donald
 McKay, Jerome
 McLean, Anthony
 Perry, Brian

FOURTEEN YEARS

Ligon, Ernest
 Raines, Reginald

FIFTEEN YEARS

Lasenby, Leslie
 Salinas, Alfredo

SIXTEEN YEARS

Chamberlin, Daniel
 Grimm, Steven
 Joyce, Kevin
 Ramirez, Frank
 Ramos, Angel

SEVENTEEN YEARS

Chrosicki, Peter

EIGHTEEN YEARS

Mills, Sr, Leone

NINETEEN YEARS

Jefferson, Cassie
 Rivas Jr, Jaime

TWENTY YEARS

Cuminale, Peter
 Farley, Christopher
 Susnosky Jr, Robert

TWENTY TWO YEARS

Paine, Thomas

TWENTY THREE YEARS

Derderian Jr, Robert

TWENTY SEVEN YEARS

Otte, Bruce

TWENTY NINE YEARS

Mahar, Ronald